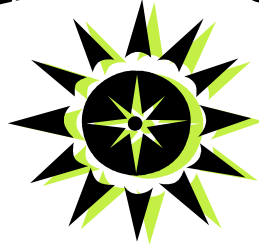


# THE SUN



## FEBRUARY 2018

### **"Do you live in Hampden County? Then this article is for you"**

A new ministry of the Episcopal Church is beginning in our area, directed by our bishop. Mary D'Alessandro of St. Paul's Church, Holyoke, has been designated Chaplain to the Western Mass Regional Women's Correctional Center in Chicopee. The Women's Correctional Center (WCC) houses an average of 300 women from Worcester, Hampden, Hampshire, Franklin and Berkshire counties. The majority of the women at the facility are in their twenties and most are incarcerated for drug related offenses. In addition, most of the women have suffered from childhood neglect and/or abuse and over 50% are victims of sexual exploitation.

Christ has called us as Christians to visit the prisoner and bring them good news and hope. We read in Hebrews chapter 13 verse 3, "Remember those who are in prison, as though in prison with them, and those who are mistreated, since you also are in the body." Mary is doing that on our behalf. But she can't do this ministry on her own. As followers of Jesus, as members of the Episcopal branch of the Jesus movement, all of us are invited to learn how we too might help bring hope and light to people dwelling in darkness and fear.

Mary will be giving us little updates about our shared ministry at WCC and ways that the Jesus movement might be part of bringing Jesus' message of mercy compassion and hope to all of God's people.

If you want to learn more sooner, please speak with your priest or e-mail Mary directly at [mmonriver@aol.com](mailto:mmonriver@aol.com).



**February 14** is Ash Wednesday and the beginning of Lent. There will be one service at 5:30 p.m. followed by the **Chowder & Soup Supper** hosted by the LeGrand family in the auditorium. A freewill offering will be taken and all are welcome.

**Palm Sunday, March 25**  
**Good Friday, March 30**  
**Easter Sunday, April 1**



**Come One, Come All!!**

**What:** Parish Breakfast  
 (brought to you by St. Paul's Men's Group)

**When:** Sunday, February 18  
 8:45 to 10:00 a.m.

**Where:** Auditorium

*Great food and conversation!  
 Please join us.*

**A Look Ahead . . .**

Please mark your calendars and save the week of **July 23 -27** for our summer Vacation Bible School program. Our program activities are for children in preschool through grade 6. Older children and adults are welcome as volunteers! More details to follow in the coming months.



**February Birthdays and Anniversaries**



- 5 Dorothy Bandeian
- 6 Virginia Cordes
- 9 Jessica Vazquez
- 12 David Morf
- 14 *Jasmine Ortiz & Ferdinand Ramos, Jr.*
- 16 Kerri Sexton
- 17 Natalie Harris, Kaylee Mercer
- 20 Hope Nadeau
- 21 Teddy Denette, Lauren Harris
- 22 Frank Dzwonkoski
- 23 Don MacTavish
- 24 Irbian Cordero
- 28 Dylan LaBonte

*If you wish to submit a birthday and/or anniversary date to be published, please contact the parish office @ 532-5060 or e-mail the information to [office@stpaulsholyoke.org](mailto:office@stpaulsholyoke.org)*

## Kate's Kitchen

*Due at the church by Thursday, February 15,  
9:00 a.m. for transport to Kate's*



### Chickpea and Rice Casserole\*

In a fry pan, in 2 tablespoon olive or vegetable oil

Cook until soft            1 large onion, diced  
                                  1 green pepper, diced  
                                  2 or 3 cloves garlic, minced

In a big bowl combine    1 teaspoon basil  
                                  1 teaspoon oregano  
                                  a shake or two of Adobo spice  
                                  1, 14.5 oz. can stewed or  
                                  diced tomatoes & liquid  
                                  1, 14.5 oz. can chickpeas,  
                                  drained and rinsed  
                                  1, 14.5 oz. can black, red or  
                                  pink beans, drained & rinsed  
                                  4 cups of already cooked brown or white rice

Combine everything and put into a large, greased 9x13 inch pan.

Cover with                ½ cup grated cheddar cheese  
                                  Black or green olives for  
                                  garnish

Cover with plastic wrap, then foil and freeze, refrigerate or bring to church for transport to Kate's Kitchen. (If you are making this for yourself, prepare as directed, then bake at 350° for 30 minutes for everything to be heated through.)

*\*There are 13 x 9 disposable pans available in the parish kitchen. This recipe is only a suggestion. If you have a special casserole of your own you would like to prepare, please feel free to do so. Thanks to all who participate in this ministry.*

# ST. PAUL'S CHURCH

February 2018						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Sunday</b> <b>Eucharist</b> <b>Services @</b> <b>8 &amp; 10 a.m.</b>  <b>Church School</b> <b>10 a.m.</b>				<b>1</b>  <b>Veterans' Lunch</b> <b>12-1:30p</b> <b>auditorium</b>  <b>AA 6p</b>	<b>2</b> Groundhog Day	<b>3</b>
<b>4</b>  <b>Early</b> <b>Communion</b> <b>Class 10:30a</b> <b>Rm 6</b>  <b>Morning Prayer</b> <b>Service</b> <b>8 &amp; 10a</b>	<b>5</b>  <b>AA 6:30p</b>	<b>6</b> <b>Morning Prayer</b> <b>9a/library</b>  <b>PB&amp;J 9:30a</b>  <b>CAB 4:30p</b>	<b>7</b>	<b>8</b>  <b>Veterans' Lunch</b> <b>12-1:30p</b> <b>auditorium</b>  <b>AA 6p</b>	<b>9</b>  <b>GS 6-7:30p</b>	<b>10</b>
<b>11</b>  <b>Morning Prayer</b> <b>Service</b> <b>8 &amp; 10a</b>  <b>Mite boxes handed</b> <b>out</b>	<b>12</b>  <b>AA 6:30p</b>	<b>13</b> <b>Morning Prayer</b> <b>9a/library</b>  <b>PB&amp;J 9:30a</b>	<b>14</b> Valentine's Day <b>Ash Wednesday</b> <b>service @ 5:30p</b>  <b>Chowder/Tomato</b> <b>Soup Supper follows</b> <b>5:30p service in the</b> <b>auditorium</b>	<b>15</b> <b>Kate's Kitchen</b> <b>9a</b>  <b>Veterans' Lunch</b> <b>12-1:30p</b> <b>auditorium</b>  <b>AA 6p</b>	<b>16</b>	<b>17</b>  <b>Rental</b>
<b>18</b> <b>Parish Breakfast</b> <b>9a/auditorium</b>  <b>NO CHURCH</b> <b>SCHOOL</b>	<b>19</b> Presidents Day  <b>AA 6:30p</b>	<b>20</b> <b>Morning Prayer</b> <b>9a/library</b> <b>PB&amp;J 9:30a</b>  <b>Vestry</b> <b>6p/choir rm</b>	<b>21</b>	<b>22</b>  <b>Veterans' Lunch</b> <b>12-1:30p</b> <b>auditorium</b>  <b>AA 6p</b>	<b>23</b>	<b>24</b>
<b>25</b>	<b>26</b>  <b>AA 6:30p</b>	<b>27</b> <b>Morning Prayer</b> <b>9a/library</b> <b>PB&amp;J 9:30a</b>  <b>Spirit Grp</b> <b>5:30p</b>	<b>28</b>			