

# THE SUN



## OCTOBER 2017

### **From the Priest-in-Charge**

After a couple weeks of frenzied packing, and a long, hot drive in holiday weekend traffic, I arrived at St. Paul's on September 1st. Everything since then has been a sort of joyful blur. I could not have imagined such a warm, loving welcome, but I'm quickly learning this is just how it is among a congregation of such committed, caring folks. I am so enjoying learning stories about people who have come and gone long before me, and really excited about learning where people are finding God and life in Holyoke.

One of the "signs" that drew me to Holyoke was seeing the graffiti here and there that said "Holyoke Rising." I have been hearing a lot about how the city, like much of the southern Pioneer Valley, used to be. As I've mentioned in sermons, it's vitally important to have those stories and remember them.

I've also enjoyed the Veterans Lunches and getting to know a few vets, volunteers, and neighbors. This also impressed upon me how much war is a part of our story. Often times, we leave out the hard parts, and the painful parts, when we tell our stories of who we are and where we've been. But all of these experiences have made us who we are now. I

wonder sometimes if we make a few people carry the heaviest stories for the rest of us, and if we might make the load lighter by listening, yes, but also by telling more honest and whole stories about ourselves and our lives, including the shadows and losses. We don't have to be perfect, we just have to stay connected. The vets might know this better than many of us.

In September we had a great first vestry meeting. We are re-igniting the Long Range Strategy Plan (and if you are interested in shaping the future of St. Paul's, please tell me!) We defined more clearly priorities and areas of work ahead of us. This is a great time to reflect on what connects you to St. Paul's and what connects St. Paul's to the rest of your life. Each of you holds a piece of the unfolding story of God and human beings in Holyoke and surrounding cities. I am so happy to be here, delighted to share prayers and hear stories, and so thrilled to see how God will show up in our lives.

May you be abundantly blessed by God's presence and peace,

*-Marisa*



- ❖ To everyone who has worked on the rectory or donated items
- ❖ To those who have been visiting people who have trouble getting around
- ❖ To Seth Clark for his help and good cheer in keeping the music going
- ❖ To Gina Nelson for her ministry in assisting with Marjorie Lyons' funeral
- ❖ To the LeGrands for sponsoring Marisa's Holyoke Bike Tour ticket
- ❖ To Kathy Champagne for organizing a great Supper Club meeting



### A few easy requests

In a parish with so many individuals and families who have been here for decades, it can be hard for new people - including your priest! - to learn where to "fit in."

**Request #1** is that if you notice a new person, introduce yourself! And if there are people you haven't talked to in a while beyond a polite hello, please do that! Our community is only as strong as our relationships to one another.

**Request #2** is that if you know people who are in the hospital or would like a visit or communion, let Marisa know!

**Request #3** is that at this moment, Puerto Rico is being pummeled yet *again* by another hurricane. If you are involved in relief efforts or would like to be, or would like to contribute to a fund to assist those in our parish directly affected by the storms, please talk to Marisa.

### Documentary on Syrian Crisis

**Syria's Disappeared**, a film by Sara Afshar ([www.syriasdisappeared.com](http://www.syriasdisappeared.com)), tells the hidden story of tens of thousands of men, women and children disappeared by the regime of President Bashar al Assad into a clandestine network of detention camps, where they have been tortured and murdered.

The film depicts families of detainees searching for their loved ones, and international war crimes investigators fighting to bring the perpetrators to justice

Mazen al-Hamada, a survivor of one of these camps, whose story is chronicled in this documentary, will speak and answer questions following the film.

Join us to learn what all of us can do to help those who continue to suffer in Syria.

**WHEN:** Sunday, October 1

**TIME:** 3:00 to 5:00 p.m.

**WHERE:** Edwards Church  
297 Main St  
Northampton, MA

This event is sponsored by the Valley Syrian Relief Committee, in conjunction with many co-sponsors, including the Episcopal Diocese of Western MA.

**FREE AND OPEN TO THE PUBLIC**



## Early Communion Classes

St. Paul's Early Communion classes will begin on Sunday, October 1 at 10:30 a.m. Our program is designed for children in grades 1 and 2, but is open to any child who wishes to attend. Classes are held from 10:30 - 11:30 a.m. in the church school rooms and usually take place on the first Sunday of each month. The students will receive their First Holy Communion on March 18, the Sunday before Palm Sunday.

Anyone who wishes to participate in the Early Communion classes should complete a registration form. These forms will be available during Church School registration and will also be located on the table outside the Church School office. If you have any questions about the program, please contact Joan Daly at [jdal2@verizon.net](mailto:jdal2@verizon.net) or call the church office at 532-5060.

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## A note from the Jr. Warden



To those of you who removed wall paper, painted, sanded, scrubbed, scraped, polished, moved furniture, repaired, helped remove the storm windows on the first floor, provided refreshments, donated extra funding for the new carpeting or participated in any way with the rectory cleaning and renovations . . .

***THANK YOU, THANK YOU, THANK YOU!***

*-Dexter Gess*

## Ongoing . . .

- ✚ Morning Prayer, at 9 a.m. on Tuesdays in the parish library. All are welcome!
- ✚ Peanut Butter and Jelly sandwich making, Tuesday mornings at 9:30 a.m. in the parish kitchen, to benefit the children who attend Kate's Kitchen in Holyoke. Donations of whole wheat bread, peanut butter or grape jam would be gratefully accepted.
- ✚ Christmas Stars Workshop, Tuesdays from 6 - 8 p.m. in the Youth Group room (undercroft of the church). Many hands make light work so please join us. No artistic or creative ability is required.
- ✚ Veterans' Lunches, Thursdays at St. Paul's from noon to 1:30 p.m. Veterans and their immediate adult family members will be welcome.
- ✚ Choir gathers at 9:15 on Sunday mornings to go through the music for that day. If you're interested in joining, please speak to the choir director, Seth Clark, to know more.
- ✚ Church School, during the 10 a.m. service in the Church School rooms under the church.
- ✚ Kate's Kitchen casseroles are due at St. Paul's by 9 a.m. the third Thursday of each month for transport to Hamilton Street. This month, Thursday, October 19. Copies of recipes are on the bulletin board in the auditorium. Thank you for remembering those in need.
- ✚ The Vestry, our board of elected lay members, meets on the third Tuesday of each month at 6 p.m. in the choir room. This month, Tuesday October 17.
- ✚ The Spirit of St. Paul's group meets on Tuesday, October 31 at 5:30 p.m. at Joan Daly's house.



## Jammin' News

The Jammin' Group is distributing its remaining 2016 inventory to St. Paul's volunteers! If you've volunteered for St. Paul's Church at least once in the past 12 months, please see Julia Durchanek or Tammy Shafer between services or during social hour to claim your jar. We have a lot of Strawberry-Banana Jam, Strawberry-Rhubarb Jam, Mango Chutney, Pear Cranberry Chutney, and a few jars of various other Jam flavors. Please claim your jar by October 15, 2017. Although we did not make anything in 2017, we do intend to meet regularly in 2018 and would love it if you would join us!

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## Rays of Hope

Cindy Valentine and Tammy Shafer are participating in the **Rays of**



**Hope: A Walk toward the Cure of Breast Cancer.** Please see one of them to make a donation or information on joining their team. The Walk will take place on October 22, 2017



## CELEBRATION OF NEW MINISTRY

**October 18, 6-8 p.m.**  
**St. Paul's Church**  
**485 Appleton St**  
**Holyoke, MA**

To celebrate this new chapter of St. Paul's life, the bishop is coming! We will have a fun service to mark the transition of leadership and to pray, imagine, and share hopes for St. Paul's future. This will be a joyful, fun, fancy-yet-informal service! A light reception will be at 6 p.m. in the auditorium with the service at 7 p.m. Please join us!

## Coming up . . .

- **United Thank Offering**  
Sundays, October 8 and 15, when your gifts to the UTO may be made through St. Paul's Church. Your donations will be added to the ingathering that takes place from all the churches at the Convention on October 28, 2017 and will go toward mission projects both in the United States and around the world.
- **Blessing of the Animals**  
Sunday, October 8 at 12:00 noon on the steps of the church. In the case of inclement weather, will be held in the auditorium.
- **116th Diocesan Convention** in Springfield, Saturday, October 28. The delegation going from St. Paul's will be Lisa Cabibbo, Cindy Valentine, Debbie Lucier, Rev. Marisa.
- **Baptisms**  
will take place on Sunday, November 5 (All Saints' Sunday). Contact Rev. Marisa with questions or interest.
- **Domestic Violence Awareness Month**  
WomanShelter/Compañeras is sponsoring the *Purple Tie Campaign* and asking you to wear purple throughout the week of October 8 through 14 to bring awareness to domestic violence and show your support for all victims and survivors.



## October Birthdays and Anniversaries



- 1 *Felix & Onaida Rivera*
- 2 *Antonin & Odellia Durchanek*
- 6 Randy Sexton, *Paul & Linda Dupont*
- 8 Tim Champagne, *Jessica Dzwonkoski*
- 9 Kim Monson
- 10 *Barbara & Gregory Denette,*  
*Ray & Marilyn Nadeau*
- 11 Thomas Cabibbo, *Trudy Monson*
- 14 Melody Gero
- 18 Stephen Nyarko, *Edwin & Gloria Campos*
- 20 Alison Giuliano
- 21 Kristie DeRoy
- 22 Calvin Frye
- 25 David Montgomery
- 26 Judy Williams
- 29 Alice Gess
- 30 Michael Kroll, *Maureen Gero*
- 31 Samantha Frye

## Kate's Kitchen

*Due at the church by Thursday, October 19 @ 9 a.m.*



### Spaghetti Pie

**(freezes well for make-ahead)**

- 1 lb. spaghetti – cooked and drained
- 5 tbsp. butter or margarine
- 1 cup grated Parmesan cheese
- 5 well-beaten eggs
- 2 cups cottage cheese or ricotta cheese
- 1 lb. ground beef – cooked and drained
- 1 cup chopped onions
- 1 large green pepper, chopped
- 1 28oz. can chopped tomatoes
- 2 tsp. oregano
- 1 tsp. garlic powder
- 1 cup shredded mozzarella cheese

Stir butter into the hot spaghetti. Stir in the Parmesan cheese and eggs. Lay spaghetti mixture on the bottom of a buttered pan and spread cottage (or ricotta) cheese on top of the spaghetti.

Cook ground beef, onion, and green peppers till done. Stir in undrained tomatoes, oregano and garlic powder; heat through. Turn meat mixture onto spaghetti and cheese layer. Bake uncovered in 350 oven for 20 minutes.

Sprinkle mozzarella cheese on top. (Kate's Kitchen will complete baking.) When wrapping casserole for transport, use a wax paper barrier to prevent the tomato from coming into contact with the foil.

*\*Disposable pans are available in the parish kitchen. This recipe is only a suggestion. If you have a special dish of your own you would like to prepare, please feel free to do so. Thanks to all who participate in this ministry.*



# ST PAUL'S CHURCH

October 2017						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b> Church School at 10 a.m. <hr/> Early Communion Class 10:30-11:30a	<b>2</b>  AA 6:30p	<b>3</b> Morning Prayer 9a/library <hr/> PB&J 9:30a <hr/> Stars 6-8p <hr/> CAB 4:30p	<b>4</b>	<b>5</b> Veterans' Lunch 12-1:30p auditorium  AA 6p	<b>6</b>	<b>7</b>
<b>8</b> Church School at 10 a.m. <hr/> United Thank Offering <hr/> Blessing of the Animals 12p/ church steps	<b>9</b> <span style="color: red;">Columbus Day</span>  AA 6:30p	<b>10</b> Morning Prayer 9a/library <hr/> PB&J 9:30a <hr/> Stars 6-8p	<b>11</b>	<b>12</b> Veterans' Lunch 12-1:30p auditorium  AA 6p	<b>13</b>	<b>14</b>  Rental
<b>15</b> Church School at 10 a.m. <hr/> United Thank Offering	<b>16</b>  AA 6:30p	<b>17</b> Morning Prayer 9a/library <hr/> PB&J 9:30a <hr/> Stars 6-8p <hr/> Vestry 6p/choir rm	<b>18</b> Celebration of New Ministry 6-8p St. Paul's (see pg 4 of newsletter) <hr/> RALI 10:30-noon	<b>19</b> Kate's Kitchen 9a <hr/> Veterans' Lunch 12-1:30p auditorium <hr/> AA 6p	<b>20</b>  GS 6-7:30p	<b>21</b>  Rental
<b>22</b> Church School at 10 a.m. <hr/> Rays of Hope Walk/Spfld	<b>23</b>  AA 6:30p	<b>24</b> Morning Prayer 9a/library <hr/> PB&J 9:30a <hr/> Stars 6-8p	<b>25</b>	<b>26</b> Veterans' Lunch 12-1:30p auditorium  AA 6p	<b>27</b>	<b>28</b> Diocesan Convention/Spfld  Rental
<b>29</b> Church School at 10 a.m.	<b>30</b>  AA 6:30p	<b>31</b> <span style="color: red;">Halloween</span> Morning Prayer 9a/library <hr/> PB&J 9:30a <hr/> Stars 6-8p <hr/> Spirit Grp 5:30p/Joan's house	<b>NOTES: Sunday Eucharist Services at 8 and 10 a.m.                      Choir rehearsal Sundays, 9:15 a.m.</b>			